



This Week's Program

Wednesday, April 21 - Join Us via ZOOM

Cambodian Classical Dance
Mea Lath - Cambodian Classical Dancer

12:15pm - Dial In to ZOOM
Dial In Details Will Be Sent
12:30 - 1:30pm - Program Via ZOOM



Mea Lath is a Cambodian classical dancer and instructor based in Long Beach, California. This ancient art form was developed over one thousand years ago during the great Khmer Empire as a prayer in movement to bridge heaven and earth. Over the past 17 years, she has trained in the U.S. and in Cambodia with master dancers and choreographers such as Sophiline Cheam Shapiro and Charya Burt.

Mea has performed in many prestigious spaces throughout the U.S. such as Jacob's Pillow Dance Festival, Freer Gallery of Art, the Smithsonian National Museum of Asian Art, and the Getty Museum to name a few.

In addition to being a performer, she also teaches at and manages the only Cambodian arts organization in Southern California, Khmer Arts Academy.

As a refugee in America, Mea uses this sacred art form to connect to her Cambodian roots. Her passion is to help inspire the younger generation and heal the older generation and present Cambodian culture from its own community to the rest of the world. She will be presenting on the history and the significance of Cambodian classical dance and demonstrating a traditional blessing dance.

President 104's Post #40

Matt Kinley



ROTARY ACCENTUATES THE POSITIVE

*You've got to accentuate the positive
Eliminate the negative
Latch on to the affirmative
Don't mess with Mister In-Between*

Song by Johnnie Mercer ♠ **ACCENTUATE THE POSITIVE** ♠
<https://www.youtube.com/watch?v=f3jdbFOidds>

This song was written in the closing days of WWII, and stayed on the pop charts in the United States for weeks. Thinking about it now, 75 million people had just died in a great world war and 300,000 Americans had died in the conflict. That year, nearly 1/3 of Americans lived in poverty, 1/3 had no electricity, and 1/3 had no running water. Yet this simple song and concept was celebrated by millions. People then were willing to accentuate (♠ *to make something more prominent or noticeable* ♠) the good we experience in life. Amazing.

Through a conscious decision, we can all go through our days looking at the good or the bad. Too many people focus on the negative. From the everyday --- the flat tire, the long line at the gas station, or the cancelled credit card (*and the call you get from the bank asking you for your security pin and about your last 3 transactions only to end the call saying say that they have to cancel your card causing you to go online and figure out where you have to put the new card once you have it*). Or to the major --- a bad diagnosis, the loss of a friend, a huge financial set back. Is it even possible to eliminate the negative thoughts in your head?

Maybe not completely. But you can choose to focus on the positive in any given situation. As a member of the RCLB, you can meet your friends once a week or while doing a project where Rotarians will give you a friendly greeting and a welcomed ear. Or you may be the welcomed greeting or ear another Rotarian needs that day. You can get involved in a project and know you are doing good for people in your community. You can sit back and involve yourself in a meeting and maybe find a laugh or happy thought.

As the world seems to bicker and as others seem to accentuate the negative, think about coming into Rotary accentuating the positive. You ♠ will be doing yourself, your fellow Rotarians, and the community a great service. And that ♠ something to smile about.

Shel

IN THE NEWS

CLUB LEADERSHIP



Matthew L. Kinley
President



Olivia Maier
Assistant to the President



Ahmet Atahan
Vice President



Sathya Chey
Vice President



Braden James Phillips
Vice President



David Sommers
Vice President



Paul Patrick Scholz
Secretary
Treasurer



Rhannon Evans Acree
Sergeant at Arms



Bond Nichols
Sergeant at Arms



Rayne Sherman, FHDA, CID, CSI
Sergeant at Arms



Diane Wood
Sergeant at Arms



Henry C. Fung
Career Service Director



Richard Gibson
Club Service Director



Sandra Simon
Club Service Director



Daniel Bruce Lipton
Community Service Director



Brett Lewis
Fellowship Service Director



Lydia Vincenty-Lowell
Fellowship Service Director

Freda Hinsche-Otto

Lisa Finn Update - Meals, Bone Marrow Donor and Cards Request



Lisa is home now, where her treatments continue for AML, an aggressive leukemia. Lisa needs our support in 2 main ways:

1. **Help provide meals** for Lisa. Her daughter, Madeleine, has set up **Meal Train**, mealtrain.com/4qe7w6, with Lisa's very specific dietary requirements. Click on the link and sign up on the calendar to provide meals and/or gift cards.
2. **Be tested** or encourage family and friends to be tested at **Be the Match**, bethematch.org. The ideal donor is 18-44 years old - and the test is a quick & easy mouth swab.

Lisa appreciates your thoughts, prayers and messages of support. Special thanks to all Rotarians who are stepping up to help Lisa during her health challenge!

Lisa Finn
1400 East Ocean Blvd #2305 - Long Beach, CA, 90802

Madeleine and Lisa @ Feeding the Future - October 2020

@ Rotary last week...

Jean Bixby Smith joined the LIVE audience at last week's Rotary Meeting to celebrate her birthday! In honor of her nephew, Mark Bixby - President #87 (2003-2004), Jean offered to match donations to the **Mark Bixby Leadership Award Fund** of the **Long Beach Rotary Scholarship Foundation (LBRSF)**.

During the presentation, LBRSF Chair Craig Cross jumped in to announce an anonymous donor who is providing another matching grant for \$25,000. The day ended with a cake presentation to Jean from the LBRSF (with a photo of Jean and her dog Roxy) - all in attendance had cake to go! Special appreciation to the many who have donated to date!
<https://www.lbrsf.org/apps/pages/contribute>



Feeding the Future "Grab and Go"

Saturday, April 17 saw a great turnout for the "Grab and Go".

A total of 1500 bags were filled and given to local college students in need.

RCLB Rotarians were hard at work, making a difference in our community!



Who Ya Gonna Call?

business profession career advisors supplier craft experience expertise specialty referrals occupation
vocations career recommendations professional services support

We are highlighting RCLB members and their Rotary classifications to remind us that our 275 members serve in many diverse professions/businesses.

This week, the focus is on RCLB members in **Non-Profit Organizations**. Some members who are no longer active with their businesses remain **Experienced Resources** -- see their Member Profile in DACdb.com for their contact info.

Consultant - Non-Profit Organizations

Danita Humphrey	Experienced Resource	https://dacdb.com
Freda Hinsche Otto	Experienced Resource	https://dacdb.com
Judy Ross	Experienced Resource	https://dacdb.com

Non-Profit Organizations

Cheri L. Bazley	LB Ronald McDonald House	https://rmhsc.org/longbeach
Alison Bruesehoff	Rancho Los Cerritos	https://www.rancholoscerritos.org
Sunny Lay Chang	LINC Housing Corp.	https://www.linchousing.org
Denise Dahlhausen	Experienced Resource	https://dacdb.com
Veronica Garcia Davalos	American Red Cross	https://www.redcross.org/local/california/los-angeles/about-us/locations/long-beach.html
Jayne Lastusky	Experienced Resource	https://dacdb.com
Whitney Leathers	Long Beach Day Nursery	www.lbdn.org
Pamela Young Lee	Rancho Los Alamitos	https://www.rancholosalamitos.org
Brett Lewis	ChildNet Youth & Family Services	www.childnet.net

	International Service Director
	Mark Guillen Membership Service Director
	Lisa Finn Youth Service Director
	Mollie Beck IPast President
	Dennis C. Smith President-elect
	Alfredo Velasco President-nominee
	Michele A. Dobson President-designate
	Madrid Zimmerman Club Executive Director Club Executive Secretary
	Dan Ouweleen Assistant Governor

BIRTHDAYS THIS WEEK

	James R. Howe April 21st
	Traci R. Glasscock April 22nd
	Mark Schneider April 22nd
	William V. Ridgeway April 22nd
	Mu Zhang April 22nd
	Christopher Yeo April 23rd

UPCOMING EVENTS

April

20th - RCLB Board of Directors
21st - Weekly RCLB Meeting
Speaker: Mea Lath, Managing Director - Khmer Arts Academy
Subject: Khmer Classical Dance
28th - Weekly RCLB Meeting
Speaker: Paul Epstein
Subject: The Power of Playing Offense
30th - Club Monthly Golf Outing

May

5th - Weekly RCLB Meeting
6th - 5 O'Clock Somewhere
Speaker: The RCLB Virtual Mixer
Subject: Happy Hour with Friends!
8th - Centennial Park Clean-Up
11th - Malaria Partners (International Service)
Speaker: Adriana Lanting
Subject: Malaria Partners - Focus on Africa
12th - Weekly RCLB Meeting
18th - RCLB Board of Directors
19th - Weekly RCLB Meeting
26th - Weekly RCLB Meeting
28th - Club Monthly Golf Outing
30th - Ronald McDonald House Meal Prep

Angel Macias	CA Families in Focus	https://mycff.org
Janet L. McCarthy	Goodwill, Serving So LA County	www.thinkgood.org
Mary Ellen Mitchell	WomenShelter of Long Beach	https://www.womenshelterlb.org
Robert Probst	Long Beach Rescue Mission	https://lbrm.org
Don Rodriguez	Boys and Girls Clubs of LB	https://www.bgclublb.org
Alfredo Velasco	YMCA of Greater Long Beach	https://www.lbymca.org
Karen K. Widerynski	CA Association of Health Facilities	https://www.cahf.org

Did You Know...

Rotary Centennial Sports Trophy

Started in 1988 (*President #71 Craig Dougherty*) during the City of Long Beach's centennial year, in partnership with the Long Beach Press Telegram, this award is presented by the **Rotary Club of Long Beach** to the local high school with the best all-around male and female sports program. The purpose is to provide a challenge to local youth - to perpetuate the high level of athletic excellence that is the legacy of young athletes for Long Beach's first 100 years. The inaugural award was presented to Woodrow Wilson High School at the Long Beach Centennial Celebration at Veterans Stadium.

TROPHY RECIPIENTS

1988

Wilson High School

1989

Lakewood High School

1990

St. Anthony High School

1991 & 1992

Wilson High School

1993

Millikan High School



1994-2014

Poly High School (**21 years !**)

2015

Poly & St. Anthony High Schools

2016 - 2017 - 2018

St. Anthony High School

2019

Poly High School

June

2nd - [Weekly RCLB Meeting](#)

8th - [International Committee Focus - tentative date](#)

9th - [Weekly RCLB Meeting](#)

10th - [5 O'Clock Somewhere](#)

Speaker: The RCLB Virtual Mixer

Subject: Happy Hour with Friends!

12th - [Centennial Park Clean-Up](#)

15th - [RCLB Board of Directors](#)

16th - [Weekly RCLB Meeting](#)

Speaker: Fellow Rotarians

Subject: President Matt's DEMOTION!

23rd - [DARK - No Weekly RCLB Meeting](#)

25th - [Club Monthly Golf Outing](#)

30th - [DARK - No Weekly RCLB Meeting](#)

Rotary Club of Long Beach
meets every Wednesday

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400 Oceangate, Suite 470
Long Beach, CA 90802
562-436-8181
Rotary@RotaryLongBeach.org

Visit
[Long Beach Rotary](#)
[District 5320](#)
[Rotary International](#)
[E-Club of the West](#)

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Long Beach Convention & Visitors Bureau

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